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**APPLICANT’S NAME:**

| **Skill** | **Theoretical knowledge ONLY** | **Formally TRAINED**  **theory and practice** | **Confident to PERFORM in the Field**  **(date last performed)** | **Confident to TEACH others in the Field**  **(date last taught)** | **Comments** |
| --- | --- | --- | --- | --- | --- |
| **ANTENATAL CONSULTATION NORMAL PREGNANCY** |  |  |  |  |  |
| Calculate due date and estimate gestational age in weeks |  |  |  |  |  |
| Provide guidance on preparation for labour birth and parenting |  |  |  |  |  |
| Provide antenatal care and monitoring of normal pregnancy |  |  |  |  |  |
| Perform safe vaginal exam |  |  |  |  |  |
| Management of PMTCT |  |  |  |  |  |
| Termination of pregnancy on request |  |  |  |  |  |
| Ultrasound skills (e.g. id presenting part, placental location, intraperitoneal free fluid, fetal viability) |  |  |  |  |  |
| **ANTENATAL CONSULTATION&PATHOLOGIC PREGNANCY** |  |  |  |  |  |
| Identify coexisting disease, commence 1st line treatment according to protocol and refer if possible for Obstetrician consultation |  |  |  |  |  |
| External cephalic version |  |  |  |  |  |
| **LABOUR AND DELIVERY** |  |  |  |  |  |
| Identify onset of labour |  |  |  |  |  |
| Complete partograph |  |  |  |  |  |
| Clinically monitor maternal and foetal wellbeing during labour |  |  |  |  |  |
| Manage a normal delivery |  |  |  |  |  |
| Provide active 3rd stage |  |  |  |  |  |
| Identify complications in labour e.g. haemorrhage, hypertension, failure to progress |  |  |  |  |  |
| Episiotomy |  |  |  |  |  |
| Vaginal tear suturing ( grades I and II) |  |  |  |  |  |
| Intervene initially in event of complications e.g. commence iv fluid, catheterise, |  |  |  |  |  |
| Prepare for safe transfer whenever possible |  |  |  |  |  |
| Manage Shoulder dystocia |  |  |  |  |  |
| Manual removal of placenta |  |  |  |  |  |
| Management of eclampsia |  |  |  |  |  |
| Amniotomy |  |  |  |  |  |
| Augmentation of labour |  |  |  |  |  |
| Insertion of Bakri Balloon |  |  |  |  |  |
| **NEONATAL SKILLS** |  |  |  |  |  |
| Assess and resus newborn |  |  |  |  |  |
| Porvide Newborn Routine care |  |  |  |  |  |
| I.d. postnatal complications |  |  |  |  |  |
| Provide firstline treatment for postnatal complications e.g. infections |  |  |  |  |  |
| Perform newborn baby check |  |  |  |  |  |
| **POSTNATAL CONSULTATION NORMAL PREGNANCY** |  |  |  |  |  |
| Provide postabortion care |  |  |  |  |  |
| Initiate and establish breastfeeding |  |  |  |  |  |
| Provide information e.g. HIV / STI / Family planning |  |  |  |  |  |
| Insertion of contraceptive implant |  |  |  |  |  |
| Insertion of IUD |  |  |  |  |  |
| Collect and report data |  |  |  |  |  |
| Ability to use a speculum |  |  |  |  |  |
| Management of STI using syndromic approach |  |  |  |  |  |
| **MEDICAL OBSTETRICAL PROCEDURES** |  |  |  |  |  |
| Correcting uterine inversion |  |  |  |  |  |
| Twin delivery |  |  |  |  |  |
| Breech delivery |  |  |  |  |  |
| Internal malpresentation manoeuvre |  |  |  |  |  |
| Vacuum extraction |  |  |  |  |  |
| Forceps delivery |  |  |  |  |  |
| Manual vacuum aspiration |  |  |  |  |  |
| Deinfibulation |  |  |  |  |  |
| Craniotomy / craniocentesis |  |  |  |  |  |
| Symphysiotomy |  |  |  |  |  |
| Repair of 3rd / 4th degree tear |  |  |  |  |  |
| **SURGICAL OBSTETRICAL PROCEDURES** |  |  |  |  |  |
| Caesarean section |  |  |  |  |  |
| Ectopic management |  |  |  |  |  |
| Hysterectomy |  |  |  |  |  |
| **Conservative surgical management for PPH:** |  | | | | |
| **Compression techniques** |  | | | | |
| B-Lynch technique |  |  |  |  |  |
| Vertical Sutures |  |  |  |  |  |
| U stitches |  |  |  |  |  |
| Pereira |  |  |  |  |  |
| Other sutures (please name the one you use) |  |  |  |  |  |
| **Arterial ligation** |  |  |  |  |  |
| Uterine artery ligation |  |  |  |  |  |
| Triple suture(uterine devascularization) |  |  |  |  |  |
| Internal Iliac artery ligation |  |  |  |  |  |
| Uterine bladder repair |  |  |  |  |  |
| Tubal ligation |  |  |  |  |  |
| Culdocentesis/colpotomy |  |  |  |  |  |
| Emergency surgical management of adnexal mass |  |  |  |  |  |
| Management of ruptured uterus |  |  |  |  |  |